

# Study Guide

**Directions:** Answer the following questions as you read the chapter. They will help you focus on the main points. Later, you can use this guide to review and study the chapter information.

## Section 2–1: Parenting and Families

1. Give a brief definition of parenting. \_\_\_\_\_  
\_\_\_\_\_
2. Describe three actions you could take to make a positive difference in a child’s life. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
3. How can it help parents to learn about child development? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. Describe four actions you could take to help build your parenting skills. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
5. For the parenting tasks described below, indicate the correct order and then identify the stage and time period (ages of children) for each, according to Galinsky’s model.  
\_\_\_\_\_ A. Determine rules: \_\_\_\_\_  
\_\_\_\_\_ B. Establish boundaries: \_\_\_\_\_  
\_\_\_\_\_ C. Begin to imagine yourself as a parent: \_\_\_\_\_  
\_\_\_\_\_ D. Evaluate your parenting: \_\_\_\_\_  
\_\_\_\_\_ E. Become emotionally attached to your child: \_\_\_\_\_  
\_\_\_\_\_ F. Decide what knowledge, skills, and values your child needs: \_\_\_\_\_  
\_\_\_\_\_

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***The Responsibilities of Parenting***

***Chapter 2 continued***

6. Describe at least three ways new parents' lifestyles often change. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

7. Why might a new parent experience some negative emotions? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

8. When new parents feel overwhelmed, they may argue with one another. Describe how they can get past such trouble spots.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

9. What are some of the rewards of parenthood? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

10. Explain in your own words why each of the following considerations is important to the decision of whether to have children.

A. Emotional maturity: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

B. Desire for parenthood: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

C. Health: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**The Responsibilities of Parenting**

**Chapter 2 continued**

**D.** Financial concerns: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**E.** Resource management: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**11.** Give an example of a family goal that would require parents to use good resource management skills.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Section 2–2: Teen Parenthood**

**12.** What is sexuality? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**13.** How do hormones affect teens? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**14.** What personal values might a teen use to help make responsible decisions about sexual activity?  
\_\_\_\_\_  
\_\_\_\_\_

**15.** What is a sexually transmitted disease (STD)? Identify three possible serious effects of STDs.  
\_\_\_\_\_  
\_\_\_\_\_

**16.** What is the only guaranteed way to prevent STDs and pregnancy? \_\_\_\_\_  
\_\_\_\_\_

**17.** Identify four medical problems for which teen mothers are at high risk. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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***The Responsibilities of Parenting***

***Chapter 2 continued***

**18.** Why should teen parents make graduating from high school a high-priority goal? \_\_\_\_\_

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**19.** Why is it especially important to establish paternity when parents do not marry? \_\_\_\_\_

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**20.** How might relationships with friends change for teens who become parents? \_\_\_\_\_

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**21.** When teens marry because of pregnancy, what challenge do they face in addition to the challenges of marriage?

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**22.** What special challenges do teens who are single parents face? \_\_\_\_\_

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**23.** Describe two types of adoption. \_\_\_\_\_

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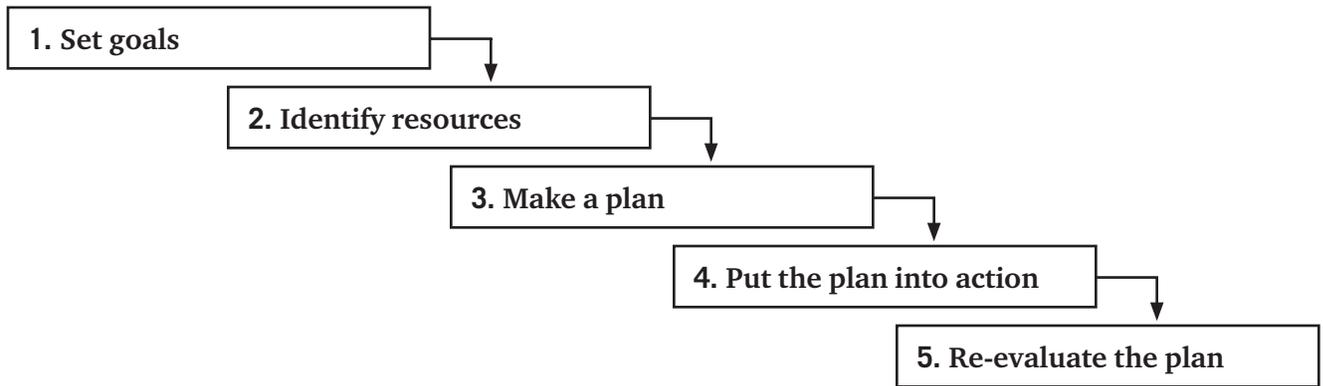
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# Resource Management Skills

**Directions:** Good resource management involves five key steps. Read each situation described below. In the middle column, indicate which step in the management process the situation involves. In the right column, indicate whether or not you think the person is acting wisely and explain your reasoning. After analyzing these situations, answer Question 7.

## Steps in Resource Management



Situation	Step Involved	Your Evaluation
1. When Sarah discovers she is pregnant, she promises herself that she will complete high school with the rest of her class.		
2. Todd is having difficulty with math. He thinks he can get help from his older brother or from his mother, who is an engineer.		

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**The Responsibilities of Parenting**

**Chapter 2 continued**

Situation	Step Involved	Your Evaluation
<p><b>3.</b> Brandon decided to leave school when his girlfriend became pregnant. His new job, though, pays too little to support his new family. He is looking into other options, such as taking classes at night to get his diploma.</p>		
<p><b>4.</b> Courtney wants to develop her parenting skills. She plans to read about parenting, but she decides to wait until after her baby is born. She thinks she will have more time then.</p>		
<p><b>5.</b> Tim and Jan plan to save \$100 a month so they can buy a house in five years. At the end of each month, though, they usually have no money left over to save. "That's okay. We'll make up for it next month," Tim says.</p>		
<p><b>6.</b> Kelly wants to find the right child care center for her son. She checks the phone book for centers in her area and asks for recommendations from friends.</p>		

**7.** Describe a situation in which a teen might improve the situation by using these steps.

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# Adjusting to Parenthood

**Directions:** Read the following situation, and then answer the questions that follow. Write your answers in the spaces provided.

Cassie had trouble keeping her attention on her driving. Her stomach was still tight, something she always felt after dropping off her month-old baby Nathan at her mother’s house. Cassie desperately needed the income from her job, but she felt it was still too soon to leave her son in someone else’s care, even her mother’s. She was miserable.

Cassie discovered she was pregnant in March of her senior year in high school. She graduated, then married Tim in June. Their life had been stressful. Tim was working two part-time minimum wage jobs, but it just was not enough. Cassie’s doctor was concerned about both Cassie and the baby and told her she had to stay in bed most of the time. Nathan was born three weeks early, small but healthy.

Without medical insurance, the bills for prenatal care and the baby’s birth seemed overwhelming. Cassie knew she needed to get a job. When her mother volunteered to care for Nathan, it was a big relief. She knew he would be well cared for and they would not have to pay child care fees. Her job as a receptionist did not pay a lot, but it did come with medical insurance.

Cassie worried constantly about missing Nathan and about their debts. She and Tim hardly seemed to see each other because of their work schedules. She found herself making silly mistakes at work because she had difficulty concentrating. Now she was afraid she might be fired. “Pull yourself together,” she whispered to herself as she pulled into the parking lot at work.

1. How may Cassie’s relationship with her mother be changing? \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

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**Teen Parenthood**

**Section 2-2 continued**

2. What impact is the birth of her baby having on Cassie's career? \_\_\_\_\_

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3. Why do you think Cassie is experiencing so much doubt and anxiety? \_\_\_\_\_

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4. How do you think their financial situation may affect Cassie and Tim's marriage?

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5. Both Tim and Cassie had planned to continue their education. What are the chances of doing so now? What are likely to be the consequences of not doing so?

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